

PRODUCT	GLUTEN	SOY	DAIRY	EGG	CHICKPEAS	SESAME	MUSTARD	PEANUT / TREE NUTS	SULPHITES	NOTES
Garlic Sauce				✓						GF, VEG
Hummus					✓	✓				GF, VEG, VG
Mixed Cabbage		M		✓						GF, VEG
Tzatziki Sauce			✓							GF, VEG
Spicy Garlic Sauce				✓						GF, VEG
Tahini Sauce					✓	✓				GF, VEG, VG
Habanero Sauce				✓						GF
Pomegranate Molasses										GF, VEG, VG
Salad Dressing		✓		M				M		GF, VEG, VG
Lettuce										GF, VEG, VG
Tomatoes										GF, VEG, VG
Onions										GF, VEG, VG
Pickles									M	GF, VEG, VG
Turnips									M	GF, VEG, VG
Pineapples									M	GF, VEG, VG
Parsley										GF, VEG, VG
Fried Onions	✓	M		M				M		VEG, VG
Feta Cheese			✓							GF, VEG
Pita Chips	✓								M	VEG, VG
Garlic Dip				✓						GF, VEG
Hummus Dip					✓	✓				GF, VEG, VG
Chicken Tenders	✓	✓								
Chipotle Mango Fries	✓	M	M						M	
Falafels					✓	✓				VEG, VG
Fattoush Salad	✓	✓	✓	M				M		VEG
Chicken Shawarma Wrap - Original (Regular)	✓	✓		✓	✓	✓		✓	M	
Chicken Shawarma Wrap - Old School (Regular)	✓	✓		✓	✓	✓		✓		
Chicken Shawarma Wrap - Authentic (Regular)	✓	✓		✓	✓	✓		✓		
Gyro Wrap	✓	✓		✓						
Falafel Wrap	✓				✓	✓		✓	M	VEG, VG
Butter Chicken Shawarma	✓	✓	✓	✓				✓		
Jamaican Jerk Chicken	✓	✓		✓				✓	M	
Arabian Bites	✓	M	M	✓		M		✓		
Greek Halloumi Wrap & Bowl	✓	✓	✓							VEG
Chicken and Rice Bowl	✓	✓				✓	✓		M	
Gyro and Rice Bowl	M	✓	✓	✓						
Falafel and Rice Bowl					✓	✓			M	VEG
Butter Chicken and Rice Bowl	✓	✓	✓	✓				✓		
Mixed Shawarma Wrap	✓	✓	✓	✓		✓		✓	M	
Mixed Shawarma Bowl	✓	✓	✓		✓	✓		✓	M	
Chicken Shawarma Poutine	✓	✓	✓					✓	M	
Gyro Poutine	✓	✓	✓					✓	M	
Messy Fries	✓	✓	✓	✓				✓	M	VEG
Habibi Bowl	✓	✓	✓	✓		M		✓	M	
Jamaican Jerk Chicken Rice Bowl	✓	✓		✓				✓	M	M
Royal Shawarma Tray	✓	✓		✓		✓		✓		
Family Special	✓	✓		✓		✓		✓		
Falafel Piece					✓	✓				VEG, VG
Beef Samosa	✓		✓	M						
Veggie Samosa	✓		✓	M						VEG
Saj Bread	✓	✓	M							VEG
Basmati Rice	M	M	M			M				VEG, VG
Chicken Shawarma	✓	✓						✓		
Gyro (Meat Only)	M	✓	M							
Jamaican Jerk Sauce										VEG, VG
Butter Chicken Sauce	M	M	✓					✓		
Gravy	✓	✓								
Tzatziki Sauce			✓							VEG
Tahini Sauce		✓								VEG, VG
Italian Dressing		✓						M		VEG, VG
Messy Sauce	M	M						✓		VEG, VG
Crispy Spice Wrap	✓	✓	✓					✓		
Tandoori Wrap & Bowl (LTO)	✓	✓	✓					✓		
Beef Shawarma	✓	✓		M		✓		M		
Original Crispy Fries	✓	M	M	✓					M	
Blueberry Flame Wrap	✓	M	M	✓		M		✓		
Chicken Shawarma Ramen	✓	✓	✓	✓				✓		
Halloumi Veggie Ramen	✓	✓	✓	✓		✓		✓		
Habibi Churro Bites (8 pcs)	✓	✓	✓	✓						

NUTRITIONAL SYMBOLS & NOTES

VEGAN



G Gluten

CH Chickpeas

VEGETARIAN



S Soy

SS Sesame

GLUTEN FREE



D Dairy

M Mustard

P Egg

SUL Peanut / Tree Nuts

SUL Sulphites

Note "M" - Processed in a facility where trace elements of the allergen are present.

INFORMATION SOURCES & ALLERGY NOTES

The information in these charts is based on product information provided by Tahini's approved food suppliers. Every reasonable effort is made to keep this information current; however, it is possible that ingredient changes and substitutions may occur without our knowledge, or consent before this booklet can be updated. Accordingly, no warranty is expressed or implied regarding its accuracy. Specific promotional and regional items are not included as ingredients vary. During food preparation, individual food items may come into contact with each other, which is not reflected in this booklet. If you have a food allergy, please be aware that Tahini's products may contain, or have come into contact with, other possible allergens. Tahini's is a restaurant environment serving whole and prepared foods that are not in sealed packages. Therefore, we unfortunately cannot guarantee a 100% allergy-free environment.

REMEMBER: BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF YOU OR ANY PERSON IN YOUR PARTY HAS A FOOD ALLERGY.